

**GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009**

**Weight Class 140 & Under**

Position	First Name	Last Name	School	Lifter's Weight	BENCH	SQUAT	POWER CLEAN	TOTAL
1	Tommy	Lin	Dawson Co.		230	355	225	810
2	Kirk	Medas	Sequoyah		245	345	205	795
3	Colby	Helms	Trion		195	375	215	785
4	Gomez	Thomas	Paulding Co.		225	305	235	765
5	Brett	Morrell	Creekview		205	335	210	750
6	Austin	Crider	Paulding Co.		220	320	205	745
7	Ryan	Oubre	Sequoyah		205	315	210	730
8	John	Allen	Rome		165	375	185	725
9	Brandon	Goodman	Etowah		225	300	200	725
10	Brandon	Ward	White Co.		205	305	205	715
11	Bruce	Davis	Gilmer		165	335	210	710
12	Dalton	Hooper	Lafayette		190	305	210	705
13	Robbie	Love	Sequoyah		200	290	210	700
14	Bobby	McCreary	Rome		190	300	185	675
15	Alex	Tatum	Creekview		155	300	185	640
16	Daniel	Cook	Fannin Co.		185	275	175	635
17	Cole	Adkins	Dade Co.		215	230	185	630
18	Teddy	Apostol	Lafayette		170	250	155	575
19	Ty	Downer	Cartersville		180	235	150	565
20	Brian	Thomas	Fannin Co.		150	225	175	550
21	Steven	Joya	Woodstock		145	230	165	540
22	Jeremy	Evans	Hillgrove		155	205	155	515
23	Dylan	Gary	Trion		130	220	155	505
24	Tyler	Wright	Dade Co.		140	180	135	455
25	DeMarcus	Simpson	Lafayette		165	0	220	385
26	TJ	Galloway	Etowah		195	0	175	370
27	Chad	Barton	Rome		170	0	140	310
28	Stewart	Hickey	Woodstock		135	0	125	260
29	David	Yokubonis	Milton		0	0	205	205
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**GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009**

**Weight Class 141-150**

Position	First Name	Last Name	School	Lifter's Weight	BENCH	SQUAT	POWER CLEAN	TOTAL
1	Dakota	Grogan	Gordon Central		290	390	250	930
2	Alex	Forsyth	Woodland		225	420	270	915
3	Ben	Cornelius	Etowah		275	375	255	905
4	Brooklyn	Cotton	Cedartown		235	360	260	855
5	Dillon	Blalock	Gordon Central		235	350	225	810
6	Will	Willis	Sequoyah		205	345	225	775
7	Chris	Jackson	Etowah		235	300	210	745
8	Stuart	Johnson	Sequoyah		225	275	215	715
9	Cody	Munn	Woodland		240	265	205	710
10	Jamie	Cooper	Rome		195	290	210	695
11	Josh	Adams	Hillgrove		185	295	210	690
12	Taylor	Mitchell	Sequoyah		205	300	185	690
13	Keyante	Beckham	Hillgrove		190	270	200	660
14	Dakota	Gilley	Ringgold		185	270	195	650
15	Cody	Allen	Creekview		195	255	195	645
16	Justin	Benefield	Gilmer		200	270	175	645
17	Javen	Holcombe	Creekview		195	260	170	625
18	Josh	Wells	Rome		175	245	205	625
19	Ty	Powell	Dade Co.		190	245	170	605
20	Joe	Gudger	Gilmer		0	375	225	600
21	Zane	Smith	Lafayette		185	235	170	590
22	Ryan	Harper	Gilmer		190	225	170	585
23	Patrick	O'Malley	Creekview		175	245	165	585
24	Hunter	Pettigrew	Lafayette		195	210	165	570
25	Josh	Daum	Gordon Central		175	225	165	565
26	David	Sims	Rome		175	205	185	565
27	Joe	Coffman	Lafayette		180	210	165	555
28	Colby	Maddux	Trion		175	195	165	535
29	Travis	Owens	Ringgold		0	270	185	455
30	Ryan	Wilborn	Etowah		225	0	225	450
31	Will	Patterson	Hillgrove		200	0	225	425
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**GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009**

**Weight Class 151-160**

Position	First Name	Last Name	School	Lifter's Weight	BENCH	SQUAT	POWER CLEAN	TOTAL
1	Reggie	Whatley	Rome		260	405	265	930
2	Darius	Hill	Woodland		250	405	230	885
3	Ronale	Hargo	Paulding Co.		260	340	275	875
4	Darius	Valcarcel	Etowah		280	380	210	870
5	Seth	Lee	White Co.		255	360	245	860
6	Talmadge	Hodges	Rome		235	370	245	850
7	Cole	Lambert	Gilmer		270	335	235	840
8	Mike	Sanders	Cass		245	335	235	815
9	Ben	Adams	Hillgrove		220	365	225	810
10	Martin	Fuentes	Etowah		225	365	215	805
11	Chris	McDonald	Woodland		240	315	225	780
12	Colby	Dyer	Cedartown		205	320	230	755
13	Maurice	McGee	South Cobb		215	290	235	740
14	Robert	Muniz	Woodstock		210	315	205	730
15	Chase	Brown	Etowah		240	285	190	715
16	Ryan	Chastain	Ringgold		185	290	225	700
17	Ryan	Murray	Dade Co.		200	275	220	695
18	Obie	Myers	Sequoyah		195	315	175	685
19	Austin	Bryant	Creekview		220	255	205	680
20	Dylan	Holt	Woodstock		210	275	185	670
21	Zack	Gaddis	Dade Co.		195	275	195	665
22	Taylor	McCleskey	Creekview		175	275	210	660
23	Hershal	Cooper	Ringgold		205	255	185	645
24	Chase	Howard	Sequoyah		170	285	175	630
25	Desmond	Chester	Cartersville		185	250	180	615
26	Spencer	Zorzi	Sequoyah		185	235	195	615
27	Blake	Henry	Fannin Co.		165	250	195	610
28	Chase	Miller	Lafayette		170	250	180	600
29	Cody	Kephart	Gilmer		250	0	220	470
30	Hershal	Banks	South Cobb		250	0	215	465
31	Michael	James	South Cobb		215	0	230	445
32	Billy	Keadle	Gordon Central		240	0	185	425
33	Evan	Hilsey	Hillgrove		185	0	220	405
34	Winston	Pettit	Gilmer		185	0	210	395
35	Lance	Weimer	Gordon Central		220	0	175	395
36	Josh	Eppinette	Woodstock		135	205	0	340
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**GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009**

**Weight Class 161-170**

Position	First Name	Last Name	School	Lifter's Weight	BENCH	SQUAT	POWER CLEAN	TOTAL
1	Joe	Kizer	Milton		275	415	265	955
2	Demonta	Boone	Cedartown		245	425	265	935
3		Gillbreath	Lafayette		300	385	235	920
4	Zach	Leach	Fannin Co.		245	385	285	915
5	Cody	Bryant	Sequoyah		225	380	260	865
6	Paul	Roach	White Co.		270	350	235	855
7	Jake	Jones	Etowah		260	385	200	845
8	Jeremy	Case	Woodstock		230	355	235	820
9	Jamey	Taylor	Fannin Co.		220	345	250	815
10	TJ	Daniel	Rome		255	325	225	805
11	Kimothy	Jones	Cedartown		220	360	225	805
12	TJ	Perkins	Sequoyah		220	345	235	800
13	Huneter	Gilbert	Creekview		255	300	235	790
14	Eli	Laughlin	Hillgrove		210	315	255	780
15	Derrick	Hardin	Woodland		235	310	215	760
16	Gage	Henry	Hillgrove		235	295	230	760
17	Connor	Reddick	Creekview		195	345	215	755
18	Ryan	Wilson	Woodstock		235	305	215	755
19	Nathan	Wright	Gordon Central		185	350	220	755
20	Tucker	Adams	Sequoyah		205	300	245	750
21	Brandon	Strange	Cartersville		225	295	215	735
22	Nick	Luly	Creekview		220	300	205	725
23	Zack	Frasier	Dade Co.		200	320	200	720
24	DJ	Smith	Sequoyah		185	300	235	720
25	Cory	Santiago	Woodstock		200	285	220	705
26	Thomas	Caldwell	Gordon Central		185	315	200	700
27	Jamie	Jackson	Cartersville		190	320	190	700
28	Stephen	Dewitt	Woodland		205	300	185	690
29	Chris	Olarte	Paulding Co.		195	275	210	680
30	Mike	Arrivillaga	Gordon Central		190	275	195	660
31	DJ	Milner	Rome		190	260	200	650
32	Matt	Smith	Paulding Co.		0	325	210	535
33	Andrew	Blaylock	Dade Co.		0	330	200	530
34	JJ	Marcus	Hillgrove		215	0	240	455
35	Jakevin	Stitts	South Cobb		205	0	215	420
36	Seth	Kight	Lafayette		210	0	185	395
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**GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009**

**Weight Class 171-180**

Position	First Name	Last Name	School	Lifter's Weight	POWER			TOTAL
					BENCH	SQUAT	CLEAN	
1	Stephen	Washington	Rome		315	450	315	1080
2	Chris	Bellinger	Sequoyah		315	430	275	1020
3	Cullen	Winkler	White Co.		295	415	305	1015
4	Austin	Herod	Etowah		265	435	270	970
5	Matt	Blanton	Creekview		275	380	250	905
6	Shannon	Gooch	White Co.		245	390	265	900
7	Johnny	Sheffield	Paulding Co.		245	405	245	895
8	Matt	Nevins	Lafayette		270	390	230	890
9	Jalen	Dukes	Hillgrove		250	375	235	860
10	Malcolm	Watkins	Rome		235	350	275	860
11	Collin	Hare	Creekview		225	370	260	855
12	Jason	Holdway	Etowah		240	365	250	855
13	Braden	Nolan	Etowah		240	365	240	845
14	Luke	Brown	Creekview		245	355	225	825
15	Lukas	Garren	Fannin Co.		245	345	235	825
16	Tommy	Phillips	Woodstock		220	365	230	815
17	Corey	Cline	Paulding Co.		225	335	250	810
18	Will	Montgomery	Cartersville		225	315	230	770
19	Jordan	West	Dade Co.		215	350	205	770
20	Chris	Hampton	Woodland		245	315	195	755
21	Jeremy	Flowers	Fannin Co.		235	295	205	735
22	Zack	Johnson	Dade Co.		215	300	205	720
23	Brett	Hale	Lafayette		200	295	195	690
24	Johnny	Day	Sequoyah		185	275	210	670
25	Corey	Smith	Hillgrove		235	405	0	640
26	Josh	Rogers	Sequoyah		0	360	260	620
27	Alex	Foster	Cass		0	360	240	600
28	Weston	Davidson	Gilmer		175	245	175	595
29	Roddereck	Robinson	Paulding Co.		0	315	240	555
30	Melvin	Bell	Woodland		285	0	240	525
31	George	Brathwaite	Woodstock		255	0	225	480
32	Josh	Roberts	Woodstock		0	0	0	
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**GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009**

**Weight Class 181-190**

Position	First Name	Last Name	School	Lifter's Weight	BENCH	SQUAT	POWER CLEAN	TOTAL
1	Clayton	Whitlock	Kennesaw Mtn.		305	430	300	1035
2	Tyler	Wright	Dade Co.		275	465	270	1010
3	Dalton	Trevino	Sequoyah		310	435	255	1000
4	Albert	Catron	Cass		305	405	275	985
5	Hunter	Livingston	Creekview		325	385	250	960
6	Koran	Dyer	Lafayette		265	425	265	955
7	Deonte	Dennis	Rome		235	430	280	945
8	Cade	Creech	Creekview		275	405	250	930
9	James	Kayhill	Hillgrove		275	385	270	930
10	Jonathan	Bermudez	Woodstock		245	405	265	915
11	Justin	Baker	Trion		265	385	255	905
12	Adam	Burke	Woodstock		265	385	255	905
13	Demonte	Smith	Woodland		250	385	265	900
14	Nate	Winguard	Gilmer		245	390	245	880
15	Jake	Andrusko	Creekview		245	385	235	865
16	Seth	Grummer	Sequoyah		240	365	255	860
17	Teddy	Lawrence	Rome		245	365	235	845
18	Andrew	Neault	Paulding Co.		220	365	250	835
19	Johnny	Silas	Hillgrove		225	330	260	815
20	Jonathon	Hanson	Lafayette		220	340	230	790
21	Evan	Hawes	Etowah		225	320	240	785
22	Nick	Moreno	Etowah		230	330	215	775
23	Weston	Quintrell	Fannin Co.		215	300	205	720
24	Derrick	Greene	Gilmer		225	270	205	700
25	AJ	Howard	Sequoyah		185	290	225	700
26	CJ	Clay	Milton		325	0	275	600
27	Kodie	Lentz	Woodland		275	0	260	535
28	Tyler	Bradford	Hillgrove		245	0	255	500
29	Alfonso	Simmons	South Cobb		225	0	195	420
30	Nic	Wallin	Dade Co.		215	0	200	415
31	Zach	Roden	Trion		0	0	265	265
32	Trevor	Bagwell	Woodstock		0	0	0	
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**GACA Area 1 Weightlifting Competition**  
**Saturday May 1, 2009**

**Weight Class 191-205**

Position	First Name	Last Name	School	Lifter's Weight	POWER			TOTAL
					BENCH	SQUAT	CLEAN	
1	Anthony	DeCristofard	Etowah		350	485	300	1135
2	Ryan	Boykin	Etowah		310	425	310	1045
3	Trey	Packart	Rome		275	485	275	1035
4	Zach	Willoughby	Creekview		290	450	275	1015
5	Richard	Hyde	Woodland		300	430	285	1015
6	Dominique	Swope	Sequoyah		285	445	275	1005
7	AJ	Resendiz	Fannin Co.		300	430	235	965
8	Alex	Dallas	Hillgrove		310	405	245	960
9	David	McCormck	Fannin Co.		265	435	255	955
10	Jordan	Mincy	Hillgrove		240	415	285	940
11	Ryan	Holmes	Creekview		260	390	255	905
12	Sean	Wheeler	Woodstock		245	405	255	905
13	Sawyer	Pettit	Gilmer		235	380	280	895
14	AJ	Hall	Rome		230	410	225	865
15	Ryan	Tweedle	Woodland		255	355	255	865
16	Sean	McConnell	Woodstock		245	340	265	850
17	Quenten	Lawson	Creekview		215	400	220	835
18	CJ	Evans	Ringgold		255	350	225	830
19	Hunter	Mosley	Cartersville		260	330	220	810
20	Ryker	Goodell	Etowah		250	315	240	805
21	Desmond	Lowe	South Cobb		235	325	230	790
22	Vinnie	Macedo	Sequoyah		240	335	215	790
23	Sergia	Duncan	Cartersville		240	320	225	785
24	Chance	Howard	Sequoyah		225	335	215	775
25	Stephen	Archer	Ringgold		225	315	225	765
26	Caleb	Morang	Rome		220	305	225	750
27	Taylor	Wilson	Cartersville		215	315	205	735
28	Kinyarda	Riley	South Cobb		190	320	210	720
29	Trey	Green	Gordon Central		205	290	190	685
30	Synjyn	Days	Hillgrove		305	0	265	570
31	Michael	Bearden	Dade Co.		0	315	170	485
32	Rahman	Freeman	South Cobb		205	0	215	420
33	Jarayd	Whittman	Dade Co.		200	0	170	370
34	Taylor	Paynter	Lafayette		170	0	150	320
35	Taj	Harris	Milton		0	0	275	275
36	Calvin	Riddle	Creekview		0	0	240	240
37	JJ	Brnk	Milton		0	0	0	
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**GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009**

**Weight Class 206-225**

Position	First Name	Last Name	School	Lifter's Weight	BENCH	SQUAT	POWER CLEAN	TOTAL
1	Casey	Carron	Creekview		300	475	300	1075
2	Dylan	Wagoner	White Co.		355	420	290	1065
3	Justin	Blosser	Etowah		305	445	300	1050
4	Trent	Welch	Woodland		335	415	270	1020
5	Hudson	Rechsteiner	Etowah		320	405	270	995
6	Jordan	Basone	Sequoyah		265	455	260	980
7	Wade	Bearden	Dade Co.		305	425	250	980
8	Zach	Delien	Etowah		315	415	250	980
9	Cory	Carmichael	Woodstock		310	385	275	970
10	Demarcus	Dean	Rome		295	405	265	965
11	Andrew	Marvin	Sequoyah		250	405	275	930
12		Chubb	Hillgrove		260	370	290	920
13	Richard	Downer	Cartersville		275	385	255	915
14	Nick	Phillips	Woodland		275	405	225	905
15	Cassidy	Hauser	Trion		300	365	235	900
16	Wesley	Nestor	Gilmer		300	350	245	895
17	Chris	Johnson	Paulding Co.		260	415	215	890
18	Donovan	Riddle	Dade Co.		300	350	225	875
19	David	Brown	Woodstock		245	415	195	855
20	John	Hampton	Dade Co.		235	395	225	855
21	Cody	Pruitt	Sequoyah		255	350	240	845
22	Dylan	Rogers	Gordon Central		290	335	215	840
23		Hardegree	Lafayette		230	390	215	835
24	Chris	Davis	Ringgold		235	370	225	830
25	Taylor	Nicholson	Creekview		240	330	260	830
26	John	Kinser	Fannin Co.		230	345	225	800
27	Skye	Dorris	Woodland		235	335	205	775
28	CJ	Diamond	Rome		175	365	225	765
29	Wilson	Pettit	Gilmer		200	330	180	710
30	Clayton	Castleberry	Hillgrove		300	385	0	685
31	Jabari	Hunt	Hillgrove		0	365	275	640
32	Brandon	Morgan	Lafayette		315	0	240	555
33	Zach	Radetski	Lafayette		265	0	255	520
34	Taylor	Keel	Gilmer		250	250	0	500
35	David	Garcia	Woodstock		245	0	235	480
36	Dillon	Dickerson	Creekview		240	0	235	475
37	Adam	Moore	Cedartown		225	0	250	475
38	Dylan	Hale	Cartersville		0	405	0	405
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**GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009**

**Weight Class 226-245**

Position	First Name	Last Name	School	Lifter's Weight	POWER			TOTAL
					BENCH	SQUAT	CLEAN	
1	Najee	Hemphill	Cedartown		350	500	285	1135
2	David	Creamer	Rome		315	510	305	1130
3	Vince	Avery	South Cobb		330	520	275	1125
4	Zimbe	Kimbugwe	Lafayette		350	455	270	1075
5	Zach	Good	Etowah		275	465	265	1005
6	Joey	Gilkey	Etowah		240	460	255	955
7	Will	Hagood	Etowah		325	405	225	955
8	Ira	McCune	Hillgrove		255	405	275	935
9	David	Labarge	Paulding Co.		270	420	240	930
10	Ben	Peterson	Hillgrove		270	385	250	905
11	Lavil	Simpson	Sequoyah		235	400	235	870
12	Travis	Darden	Cedartown		215	380	265	860
13	Eric	Burkhalter	Sequoyah		225	385	200	810
14	Nick	Black	White Co.		240	305	230	775
15	Austin	Wright	Fannin Co.		255	305	185	745
16	Taylor	Tidwell	Ringgold		185	350	205	740
17	Ray	Cupp	Woodland		250	300	185	735
18	Joey	Porter	Sequoyah		235	315	185	735
19	Dlon	Barnes	Woodland		190	365	150	705
20	Torre	Williams	South Cobb		210	300	190	700
21	Nathan	Burroughs	Gilmer		215	300	180	695
22	Adam	Carroll	Ringgold		225	275	185	685
23	Brad	Daughtery	Woodstock		220	255	195	670
24	Darice	Parks	Rome		160	270	175	605
25	Ryan	Thompson	Woodstock		295	0	255	550
26	Ken	Smith	Hillgrove		265	0	265	530
27	Tyler	Pierce	Ringgold		0	300	225	525
28	Caleb	Gentry	Woodland		225	0	230	455
29	Casey	Stanfield	Gordon Central		230	0	200	430
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**GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009**

**Weight Class 246 & up**

Position	First Name	Last Name	School	Lifter's Weight	BENCH	SQUAT	POWER CLEAN	TOTAL
1	Dayton	Luther	Gordon Central		350	500	305	1155
2	Connor	Prybol	Milton		350	500	290	1140
3	Keith	Brown	Paulding Co.		310	520	275	1105
4	Logan	Davis	Fannin Co.		320	515	260	1095
5	Brandon	Glanton	Rome		315	485	290	1090
6	Kyle	Cregge	Milton		325	455	300	1080
7	Ray	Taff	Cartersville		325	515	240	1080
8	Somto	Okeke	Sequoyah		275	525	275	1075
9	David	Anderson	Gordon Central		295	485	275	1055
10	Alex	Blount	Hillgrove		285	480	280	1045
11	Chase	Green	Creekview		335	420	290	1045
12	Tyler	Burgess	Hillgrove		325	475	240	1040
13	Garrison	Ushery	South Cobb		340	445	250	1035
14	Rudy	Alford	Cedartown		275	500	250	1025
15	Nick	Lawson	Dade Co.		325	430	235	990
16	Brandon	Stevens	Dade Co.		300	475	215	990
17	Diamon	Williams	Rome		250	475	255	980
18	Tyler	Thomas	Etowah		315	380	270	965
19	Doug	Kostecki	Hillgrove		315	375	255	945
20	Eric	Weaver	Gilmer		275	430	240	945
21	JD	Jones	Cartersville		285	440	205	930
22	Dakota	Lackey	Lafayette		250	415	220	885
23	Caleb	Johns	Gordon Central		260	330	255	845
24	Max	Revelas	Woodstock		230	355	260	845
25	Brian	McCullogh	Etowah		260	350	220	830
26	Alex	Morris	Ringgold		215	390	190	795
27	Randy	Holt	Dade Co.		250	275	205	730
28	Frank	Pucci	Etowah		205	330	195	730
29	Brian	Allen	Sequoyah		175	315	195	685
30	Chris	Pierce	Sequoyah		185	310	185	680
31	Jacob	Ellis	Lafayette		355	0	220	575
32	Josh	Schoeb	Woodstock		160	275	140	575
33	TJ	Cross	Woodland		260	0	250	510
34	Austin	Cooke	Lafayette		260	0	195	455
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GACA Area 1 Weightlifting GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009

<b>Place</b>	<b>School</b>	<b>Score</b>
<b>1</b>	<b>Etowah</b>	<b>43</b>
<b>2</b>	<b>Rome</b>	<b>37</b>
<b>3</b>	<b>Sequoyah</b>	<b>27</b>
<b>4</b>	<b>Creekview</b>	<b>22</b>
<b>5</b>	<b>Cedartown</b>	<b>22</b>
<b>6</b>	<b>Gordon Central</b>	<b>22</b>
<b>7</b>	<b>Woodland</b>	<b>22</b>
<b>8</b>	<b>Milton</b>	<b>19</b>
<b>9</b>	<b>White Co.</b>	<b>18</b>
<b>10</b>	<b>Paulding Co.</b>	<b>17</b>
<b>11</b>	<b>Lafayette</b>	<b>11</b>
<b>12</b>	<b>Dawson Co.</b>	<b>10</b>
<b>13</b>	<b>Kennesaw Mtn.</b>	<b>10</b>
<b>14</b>	<b>Dade Co.</b>	<b>8</b>
<b>15</b>	<b>Fannin Co.</b>	<b>8</b>
<b>16</b>	<b>South Cobb</b>	<b>6</b>
<b>17</b>	<b>Trion</b>	<b>6</b>
<b>18</b>	<b>Cass</b>	<b>4</b>
<b>19</b>	<b>Cartersville</b>	<b>0</b>
<b>20</b>	<b>Gilmer</b>	<b>0</b>

GACA Area 1 Weightlifting GACA Area 1 Weightlifting Competition  
Saturday May 1, 2009

<b>Place</b>	<b>School</b>	<b>Score</b>
<b>21</b>	<b>Hillgrove</b>	<b>0</b>
<b>22</b>	<b>Ringgold</b>	<b>0</b>