

2009 SEQUOYAH CHIEFS FOOTBALL PARENT & PLAYER BEHAVIOR GUIDELINES

Welcome to the Sequoyah Chiefs Football Program! We appreciate your support, and we ask for your cooperation in several areas.

- Parents are asked to please stay off the field during practices or games. We always invite parents to watch practice, but please remain in the stands. Please also stay out of the weight room or gym during workouts.
- Following “away” games, Varsity, JV, and 9th Grade players are required to return to the school on the team bus.
- Please promote good, positive sportsmanship during all contests. Refrain from berating officials, players, coaches, or fans at all times.

The following is a list of “EXCUSED ABSENCES” from practice or workouts:

- An excused absence from school due to illness.
- A family emergency.
- A pre-scheduled tutoring session or SAT Prep Course (During off-season workouts only)
- Taking a makeup test following an illness or excused absence.
- Involvement in another sport during the other sport’s primary season. (During off-season workouts only)
- Rehabilitation from injury.
- College Visits – players will be allowed to miss during off-season workouts only, not practice or games.
- Summer Football Camps – we encourage players to attend summer football camps, but we will place a limit on the number of workouts a player may miss due to these camps.

The following is a list of “UNEXCUSED ABSENCES” from practice or workouts:

- Homework or school-related assignments. Players cannot wait until the last minute to complete assignments, particularly projects, term papers, etc.
- Working out or practicing at another facility or with a personal trainer.
- “Resting” or preparing for an upcoming combine, showcase, camp, etc.
- Involvement in another sport when the other sport is not in its primary season. Once football season has officially begun (August 1st), players are not allowed to play in organized competition for other sports without prior permission from the coaching staff. (Note: We will gladly work with our players to accommodate summer schedules for other GHSA-sanctioned sports. We wholeheartedly support multi-sport participation.)
- College Visits – Players may not miss practice or games for college visits. Our staff will do everything possible to assist with the recruiting process; however, Sequoyah’s program must come first. Please cooperate with us in this regard.
- ISS pending (the ISS must be served first before a player is allowed to participate).
- Detention (players should report to practice immediately after serving the detention).
- Fatigue or “questionable” illness or injury.
- Vacation or non-football camps (except those for another Sequoyah sport).
- Any other situation deemed “unexcused” by the coaching staff.

Parents Must “Police” Other Parents

- Needless to say, there are times when parents become frustrated, angry, emotional, etc., for a variety of reasons. Unfortunately, sometimes these parents resort to e-mails, letters or phone calls to other parents or school officials. This is unhealthy, and our staff wholeheartedly frowns upon this type of behavior. In these situations, our staff will request that such parents are prohibited from attending any football function including games, practices, or banquets. We simply will not tolerate this type of behavior. It is vitally important that all of us—players, coaches, and parents—support our program.

General Rules:

- If a player has committed a serious offense (drugs, alcohol, etc.), the Sequoyah coaching staff will follow the guidelines outlined in the Cherokee County Board of Education’s *Student/Parent Handbook for GHSA Sanctioned Interscholastic Activities* and the *Code of Conduct and Discipline Handbook*.
- Student-Athletes must be present for half of the school day to be eligible to participate in any activity that day.
- Certainly, there may be other situations that we have not covered. Please always use good judgment and be supportive of our program.
- If you have any questions or concerns, please let us know.

We look forward to a great season. Thank you very much for your cooperation and understanding.

2009 SEQUOYAH FOOTBALL PLAYER CONTRACT

In addition to the violations (alcohol, drugs, etc.) covered in the CCBOE's *Student/Parent Handbook for GHSA Sanctioned Interscholastic Activities* and the *Code of Conduct and Discipline Handbook*, the Sequoyah Football Coaching Staff reserves the right to discipline players for any of the following offenses:

- Being late to (or skipping) workouts/practice/meetings without written notice from a teacher/parent.
- Unsportsmanlike Conduct penalties or any action that could be considered poor sportsmanship.
- Exceeding the maximum number of "Unexcused Absences" during summer workouts. On the 3rd offense the player will be dismissed from team.
- Smoking in or out of season. Smoking will not be tolerated.
- Failure to maintain cleanliness of locker rooms, restrooms, or other football-related areas.
- Wearing cleats in the school building.
- Failure to keep hair and/or appearance "neatly groomed". Pants MUST NOT sag or droop! All pants must be above the waist and **have a belt on especially on game day.**
- Wearing earrings during any football-related meeting or activity. No earrings allowed during any football function or when you are wearing your jersey.
- Loss of equipment. The following replacement prices apply: mouthpiece (\$1.00), helmet (\$150), shoulder pads (\$75-\$150), chin strap (\$10), practice jersey (\$25), practice pants (\$35), belt (\$3), girdle (\$35), knee pads (\$7/pair), thigh pads (\$15/pair), mesh bag (\$10), game pants (\$50), game jersey (\$60).
- Stealing teammates' equipment or other items.
- Use of cell phones (including incoming calls) during team meetings, bus rides, workouts, etc.
- Use of vulgar or obscene language in the locker room, on the playing field, or anywhere in the vicinity of other individuals.
- Listening to music in the locker room without coaches' approval.
- Tardiness to class or any misbehavior as reported by teachers and/or administrators.

- Failure to submit academic progress report to the designated coach upon receipt.
- Loss of playbook, scouting report, or any other football-related documents.
- Failure to follow “game uniform” guidelines as outlined by the coaching staff.
- Failure to return equipment at the end of the season or—if applicable—upon quitting the team.
- Having detention for any class.
- Any other action deemed by the coaching staff to be inappropriate or detrimental to the team.
- On game day all players must wear their shirt and pants that are issued to them by the coaches. All pants must **have a belt**.
- During the game all players must be dressed alike. (Ex. Long WHITE socks, etc.). Coach Teter must approve anything equipment other than that issued by the coaches. (Ex. Wrist bands, helmet shields, back flaps, etc.) .

2009 SEQUOYAH FOOTBALL PLAYER NOTICE

1. BE ON TIME! (class, practice, meetings) Tardiness will not be tolerated.
2. Report all injuries to Coach Dunlap (Hank) or Coach Teter on the day of the injury.
3. No players are allowed in the training room without Coach Dunlap's permission.
4. Put ICE on any bruises or sprains – Never apply HEAT unless instructed by Coach Dunlap or Coach Teter.
5. DO NOT WEAR CLEATS INSIDE THE BUILDING!!!!
6. Do not walk at any time on the practice field --- ALWAYS RUN.
7. Wear all equipment to practice and in games. Do not remove Helmets unless instructed to do so. Equipment may not be altered in any way. It must stay as it came from the store.
8. No player is allowed in the equipment room without a coach.
9. No earrings allowed at any football function.
10. If you are too sick to come to practice you must call Coach Teter at school (404)-313-9803. If possible, come and watch if you cannot participate.
11. Lockers must be locked at all times.
12. All players must do a grade sheet every Friday during the season. Players will run for any grade under a "C".
13. All players ride the bus to the game and return to school on the bus.
14. Be prepared for class and practice (notebook, pens, books, practice equipment)
15. Improve everyday- in the classroom and on the field
16. Friday Grade Sheets - return to Coach Baldwin, Friday's after school. It is the players responsibility to keep their grades up.
17. Attend all football functions. (wt. training, practice, banquets)
18. Participate in fund raising efforts.

19. Phone call if you are going to be late or miss practice.

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CONFIRMATION SHEET

This Sheet Must Be Returned to the Coaching Staff

“We have read the *2009 Sequoyah Football - Parent & Player Behavior Guidelines*. We agree to abide by the policies, and we understand that any violation of these policies may result in disciplinary action.”

Player’s Name (Print): _____

Grade (2009-10): _____

Player’s Signature: _____

Parent’s Signature: _____

Date: _____